



Unitarian Universalist Metro Atlanta North

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UUMAN Hosts Family Promise Families

In the month of June, UUMAN hosted three lovely families—three moms and six kids. These families are enrolled in the Family Promise shelter program, which partners with local churches, mosques, and synagogues to house temporarily homeless families while they get back on their feet. The families called Discovery Hall home for three weeks, and enjoyed home-cooked meals from our volunteers.

It's always difficult to get volunteers in the midst of summer vacations, so a handful of people performed multiple tasks. A big thank you to Laurie Wheeler, Sue Tromblee, Bob and Rosie Popp, Robin Day, and Amy Moss, without whom we could not have pulled this off. And many thanks to our partners down the street—the Roswell Masjid and Northbrook Methodist Church—and to all our UUMAN volunteers. We also donated over \$1200 in gift cards that Family Promise uses to help homeless individuals.

Family Promise is a fine organization, and our partnership with them is one of our best social-justice and community-outreach initiatives. We do this every summer, and we hope you'll volunteer next time.

~ Mike Chambers



Common Grounds Coffee House

Common Grounds Coffee House got off to a great start last month! We had over 40 people in attendance and it was a very enjoyable evening. Our performers George Hergen and Bob Bakert had a great time performing for us and did an amazing job! I am always amazed by the high quality of local talent. I want to thank our volunteers, Bob and Rosie Popp who helped by serving refreshments in the kitchen, Laura Keck acted as our greeter at the door and David Stevens did an excellent job doing sound.

The July Coffee House will be on Saturday July 15th, doors open at 7, show starts at 7:30. \$5 suggested donation at the door, cash only. Bring some cash to tip the performers and buy some treats from the kitchen. Rick Diamond and Ron Hipp will be performing.

Rick Diamond has always been a writer: short stories in third grade, co-writing his first structurally sound song with classmate Steve Hagler in eighth grade ("Follow Me" – imagine two little boys telling the world to follow them. Yeah, right), writing a few tunes for his rock band in his late teens and early twenties, writing a couple of novels before he really had anything to say, writing a couple of screenplays and then trying his hand at a TV pilot which led to writing nine more episodes to find out what happened with those characters... and over all those years, completing a hundred and something songs about love, life, politics and whatever was bothering him at the moment.

Ron Hipp is an acoustic finger-style guitarist/singer/songwriter and multi-instrumentalist. A native of Atlanta, Ron has been performing around town, both as a solo artist and in various band combinations, for many years. His rich baritone voice, consummate finger-picking and original songs make his shows a memorable experience.

Hope to see you at the Coffee House in July!

~ Janet Lacey



George Hergen and Bob Bakert



Rick Diamond



Ron Hipp

ELDERS CORNER

From time to time, we will be highlighting words from a UUMAN elder. This month's words are from Ginny Rogers.



On Siblings – We have the same Mom and Dad, but we may well have a totally different perspective of our childhoods and our parent's strengths and weaknesses. Fight the good fight and find a way to understand your siblings' viewpoints and oftentimes their pain. Love them and care for them. They are part of the family treasure box.

Thank you, Ginny, for sharing with us. Love, UUMAN

~ Donna Melcher

Bridge at UUMAN

After a three-year hiatus, Bridge at UUMAN is back! Most 3rd and 5th Sundays, John Pruitt will teach Bridge starting at 11:15 AM, after coffee and conversation. Whether you are a newbie or a more experienced player, John can guide you on your journey of Bridge mastery.

Each week, John will give a lesson to the more experienced players, followed by closed hand practice. Meanwhile, an assistant will teach basic concepts to newbies, followed by open hand practice.

Following are the planned lesson dates for the rest of 2023: July 16, July 30, August 20, September 17, October 15 and December 17. Lessons last 1-2 hours.

~ John Pruitt

Spiritual Wisdom Studies

Spiritual Wisdom Studies will resume on August 13th. We meet on the second and fourth Sundays from 7-8:15 pm via Zoom.

We will be reading and discussing the book *Love Letter to the Earth* by Thich Nhat Hanh. The book is earth centered through a Buddhist perspective.

The back of the book jacket reads: "Love Letter to the Earth is Zen Master and peace activist Thich Nhat Hanh's passionate and personal call to develop an intimate relationship with the source of all life. He shares why our personal happiness is intricately tied to the happiness of our planet and offers clear and concrete practices for connecting with ourselves, each other, and the world around us."

Watch for a UUMAN announcements email to sign up or contact Janet Lacey via email (info in Breeze). Group size is limited in order to allow everyone adequate time to share.

~ Janet Lacey

Religious Exploration News

Spiritual Wisdom Studies facilitator

By Lexie Tangney, Director of Religious Education

While Lexie is away, the RE Team and summer RE volunteers are having fun with UUMAN's children and youth with summer RE programming. We've made bracelets, washed cars, walked the labyrinth, made Juneteenth crafts, and more. Thank you, summer volunteers, for making all of the difference!! For Fall programming, we are in need of only 5 more teachers. I promise you that working with UUMAN's children and youth is a lot of fun. There are openings for all age groups, so let us know your preference. Email us at RE@uuman.org, if you're interested in learning more.

SAVE THESE DATES:

RE Teacher Training: Sunday, July 30th from 11:00 a.m. - 1:00 p.m. (lunch will be provided). First Day of RE: Sunday, August 13th

Below is the schedule for the rest of the summer. As a reminder, there is no programming on July 2nd, due to the 4th of July holiday. Please note that we will be doing two service projects later in July. For any youth who need service hours, please bring us your forms to sign!

Date	Activity
7-9-23	Board Games
7-16-23	Earth Ministry Programming
7-23-23	Service project - Collecting and filling backpacks for NFCC
7-30-23	Service project - Turning old t-shirts into reusable bags to donate to NFCC
8-6-23	TBD- Something cool
8-13-23	RE Classes Resume!

Religious Exploration News: Summer Fun



UUMAN's Board of Trustees uses [Covid Act Now](#) to monitor current Covid risk levels. We are thrilled to see that the counties in which the majority of us live are in the Low Risk category. Masks are optional for indoor activities, and indoor congregational singing can occur at this time. We are happy to say that UUMAN's community is highly vaccinated and boosted—thank you for doing your part to keep our risk as low as possible!

July 2023: A Month of Sundays

Date	Topic	Service Leaders
7/2	Bold and thoughtful. Quiet and stirring. Courageous and refreshing. A beautiful question starts to shape your identity as much by asking it as it does by having it answered. And before you know it, you will find yourself actually shaping a different life, meeting different people, finding conversations that are leading you in those directions that you wouldn't even have seen before."	David Whyte
7/9	So long, farewell and goodbye What happens when we leave what is comfortable and safe? How do we go and still leave a piece of ourselves behind and take a piece with us?	Randy Blasch
7/16	Expanding Liberty Individual liberty is sometimes criticized as selfish, a failed doctrine, failing to prioritize community. However, the recent Supreme Court decision ending abortion as an individual right, now subject to legislative control, has led many of us to take a fresh look at the value of personal liberty.	Rollin Mathis
7/23	We Are Each of Us Angels With Only One Wing This service will explore the power and importance of friendship.	Megan Curtis
7/30	TBA	Donna Melcher John Pruitt



Life Celebrations

We want to commemorate the happy occasions in the lives of our UUMAN members and other friends of UUMAN. We are looking for Naming Ceremonies, Graduations, Marriages, Anniversaries, Retirements, and Birthdays. Please submit the information about your special day, in the month prior to the event, to membership@uuman.org.

Date	Celebration
7/3	Elizabeth R. is celebrating a birthday.
7/7	Kyson P. is celebrating a birthday.
7/10	Lawton E. is celebrating a birthday.
7/12	Dillon C. is celebrating a birthday.
7/30	Benny B-D. is celebrating a birthday.

ABOUT THE UUMANTimes: The UUMANTimes is the newsletter of Unitarian Universalist Metro Atlanta North (UUMAN). We go live with each issue by the first Sunday of the month; deadline for submissions is typically on the 22nd of the month proceeding the issue date. Please email your news articles and artwork to Becky at newsletter@uuman.org